

**Executive Directors' Memo
2001-06**

TO: All Athletic Commission Personnel
Deputy Commissioner

FROM: Charles DeRienzo

DATE: December 6, 2001

SUBJECT: Official Weigh Ins.

1. After being advised by the Medical Director and Chief Medical Officer that for the preservation of a boxers' health and safety, weigh ins should take place the evening before a bout. It is the preference of the Commission and, therefore, its policy that weighs ins will take place at 5 PM on the evening before a bout whenever practical.

It is the belief of the medical personnel that in so doing we will lessen the chances of dehydration of the boxers on the night of a bout. This in turn increases the boxer chances of avoiding injury.

In addition there will be one official weigh in at which time a boxer must pass the scale and be within the legal limits for his or her weight class. To assist boxers, their managers and matchmaker in passing the scale, the Commission will provide an approved scale for their use prior to the official weigh in. This will allow those individuals the ability to be aware of their weight prior to the official weigh in. The exception to this policy can be found in section §214.13 of the rules of the State Athletic Commission. This section calls for contestants in championship bouts to "pass the scale" at noon on the day of the contest, or at an additional weigh in two hours thereafter. The Commission will follow that rule unless the boxers and sanctioning bodies agree to a weigh in on the evening prior to the bout. In that case the weigh in will take place at 5PM and the two- hour rule will be included.

All weigh ins for cards in downstate New York will take place at the Commission office. Cards taking place upstate will have their weigh in at the

arena where the card is being held. The location for all weigh ins can be at the discretion of the Commission.