

Commission Bulletin 2014-2

Weigh-In Procedure for Boxing and MMA Events.

The Commission will designate the location of all official weigh-ins.

The scale on which the combatants will be weighed at the official weigh-in will be available to the combatants for at least one hour prior to the official weigh-in. When on the scale, the combatant shall stand still with his or her feet flat upon the scale and shall not make physical contact with any person or object other than the scale. No other person shall touch the scale when a combatant is in the act of weighing in. While on the scale, the combatant shall follow any direction issued by the Commission.

In a non-title bout, a combatant will have one opportunity to make weight at the official weigh-in, except that a combatant who is over the contract weight may remove undergarments and accessories and step on the scale a second time immediately after the combatant's first time on the scale.

In a title bout, if a combatant is not at or below the contract weight when he or she gets on the scale at the official weigh-in, the combatant may be granted up to two hours from the time he or she takes the scale to attempt to make the contract weight.

If a combatant in a title bout or non-title bout is not at or below the contract weight, the combatant, the combatant's opponent and the promoter may re-negotiate the bout agreement upon approval of the Commission.

The Commission reserves the right to take disciplinary action against any combatant who fails to weigh in at or below the contract weight, fails to act in good faith, engages in disruptive behavior, or violates any rule or directive of the Commission during the official weigh-in. In the discretion of the Commission, a combatant may be directed to immediately retake the scale to ensure that the combatant's weight was accurately assessed.

May 27, 2014 (amended July 21, 2014 and April 13, 2017)