



## Muay Thai Sanctioning Entity License Application Supplement

Your application for Combative Sport Authorized Entity License for **Muay Thai** must contain and/or meet the following minimum standards and your application supplements must reflect these minimum standards:

1. Standards for qualifying fighters, match approvals and denials
2. Standards for approved competition area (dimensions, construction, etc.) and pre-fight inspection.
3. Standards for required hand wrapping, approved methods, materials and prohibitions
4. Standards for combatant's gloves, approved materials, inspections, construction, etc.
5. Standards for the use of ointments (substances other than Vaseline and Namman Muay are prohibited)
6. Standards for scoring methods and match decisions
7. Standards for approved preparations to stop hemorrhaging
8. Standards for suspensions, combatant mandatory recovery periods and enforcement
9. Standards to prohibit any combatant from participating in any event while under suspension
10. Standards to prohibit matches between male and female contestants
11. Standards to permit Pre-Fight rituals
12. Standards for round lengths or bout durations for each category or division
13. Standards for the maximum allowable weight difference for each weight class
14. Standards for the approval of catch weight bouts
15. Standards for defined weight classes, divisions and age groups
16. Between the time of weigh-in and the beginning of the contest, weight loss in excess of 1% is not permitted.
17. Minimum standards for Professional Muay Thai fouls must include the following:
  - a. **Head butting**
  - b. **Downward pointed elbow strikes** – *ceiling to floor or 12 to 6 elbow strikes are prohibited*
  - c. **Strikes to the groin** – *hits to the groin area/lower abdomen just below the navel called "neb" are permitted. Strikes to the testicles (cup area) are prohibited*
  - d. **Direct attacks to the knee** – *side-kicks to the front of a combatants leg are illegal*
  - e. **Strikes to the back of the head (rabbit punches)**
  - f. **Strikes to the spine**
  - g. **Strikes to the throat**
  - h. **Striking a downed opponent**
  - i. **Failure to obey the referees commands**
  - j. **Striking an opponent under the referee's or physician's care**
  - k. **Shoving, throwing, or wrestling an opponent except when pushing in a legal clinch**
  - l. **Striking when the Referee calls a break**
  - m. **Striking after the bell has sounded**
  - n. **Holding the ropes or using the ropes as a weapon** – *pushing an opponent's face across the ropes in attempt to cut them is illegal*
  - o. **Timidity or intentionally avoiding contact**
  - p. **The use of abusive language or abusive gestures**
  - q. **Causing intentional delays such as repeatedly spitting out the mouth piece**
  - r. **Eye gouging**
  - s. **Hair pulling**
  - t. **Biting or spitting**
  - u. **Holding the opponent's shorts**
  - v. **Interference from the fighters corner**
  - w. **Tripping or sweeping an opponent** – *it is legal to kick an opponent off their feet. In Muay Thai a kick is considered an action that uses the top of the foot and/or front of the shin. It is possible to hook the foot and kick as long as the top of the foot and/or shin, not the side of the foot make contact with the opponent's leg*
  - x. **Hip throws, shoulder throws or leg throws**
  - y. **Grasping the opponent's lower back while also forcing an opponent's spine to hyperextend**
  - z. **Intentionally falling on an opponent pressing an elbow or knee upon him/her**
  - aa. **Wrestling, back or arm locks or any similar judo or wrestling hold**
  - bb. **Lifting and throwing an opponent to the canvas**
  - cc. **Attempting to "pile drive" an opponent's head to the canvas**
  - dd. **Catching an opponent's kick and pushing an opponent for MORE than three steps without attempting to deliver an attacking technique** – *it is permissible to catch your opponents kick, hold the opponent's leg and take up to three steps*

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- ee. **Intentionally falling to the canvas when a fighter's kick is caught is prohibited – *it is considered taking advantage over his opponent***
- ff. **Stepping on a fallen opponent**

18. Minimum standards for fouls for Amateur Muay Thai (in addition to all minimum standard fouls for Professional Muay Thai) must include the following:
- a. **Novice Amateur Division (two or less fights)**
    - Elbow strikes to the head are prohibited
    - Knee strikes to the head are prohibited
    - Head guards, shin guards, elbow pads and body protectors may be worn
  - b. **Advanced Amateur Division (three or more fights)**
    - Elbow strikes with pads to the head are permitted
    - Knee strikes to the head are prohibited
19. Upon approval of application minimum 10 day notice to the New York State Athletic Commission is required in advance of contest, bout or exhibition.