



## Kickboxing Sanctioning Entity License Application Supplement

Your application for Combative Sport Authorized Entity License for **Kickboxing** must contain and/or meet the following minimum standards and your application supplements must reflect these minimum standards:

1. Standards for qualifying fighters, match approvals and denials
2. Standards for approved competition area (dimensions, construction, etc.) and pre-fight inspection.
3. Standards for required hand wrapping, approved methods, materials and prohibitions
4. Standards for combatant's gloves, approved materials, inspections, construction, etc.
5. Standards for the use of ointments (substances other than Vaseline and Namman Muay are prohibited)
6. Standards for scoring methods and match decisions
7. Standards for approved preparations to stop hemorrhaging
8. Standards for suspensions, combatant mandatory recovery periods and enforcement
9. Standards to prohibit any combatant from participating in any event while under suspension
10. Standards to prohibit matches between male and female contestants
11. Standards for round lengths or bout durations for each category or division
12. Standards for the maximum allowable weight difference for each weight class
13. Standards for the approval of catch weight bouts
14. Standards for defined weight classes, divisions and age groups
15. Between the time of weigh-in and the beginning of the contest, weight loss in excess of 1% is not permitted.
16. Permissible target areas may include:
  - a. **Front and sides of the head**
  - b. **Front and sides of the torso above the belt**
  - c. **Inside and outside of the legs, except the knees**
17. Permissible strikes may include:
  - a. **Spinning backhands/fists to permissible target areas**
  - b. **Leg kicks with the top of the foot or shin to permissible target areas**
  - c. **Fist strikes to permissible target areas**
  - d. **Spinning kicks to permissible target areas**
  - e. **Knee strikes to permissible target areas**
18. Minimum standards for Professional Kickboxing fouls must include the following:
  - a. **Head butting**
  - b. **Elbow strikes**
  - c. **Palm/heel strikes**
  - d. **Striking with an open glove or with the wrist**
  - e. **Strikes to the groin**
  - f. **Direct attacks to the knee – *kicks to the front of a combatants knee are illegal***
  - g. **Attacks to the foot other than sweeps**
  - h. **Strikes to the back of the head (rabbit punches)**
  - i. **Strikes to the spine**
  - j. **Strikes to the throat**
  - k. **Striking a downed opponent**
  - l. **Clinching or otherwise tying up an opponent's hands or arms to prevent a strike**
  - m. **Failure to obey the referees commands**
  - n. **Striking an opponent under the referee's or physician's care**
  - o. **Striking when the Referee calls a break**
  - p. **Striking after the bell has sounded**
  - q. **Holding and hitting**
  - r. **Holding an opponent's leg while executing more than one striking technique**
  - s. **Holding the ropes or using the ropes as a weapon – *pushing an opponent's face across the ropes in attempt to cut them is illegal***
  - t. **Timidity or intentionally avoiding contact**

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- u. **The use of abusive language or abusive gestures**
- v. **Causing intentional delays such as repeatedly spitting out the mouth piece**
- w. **Eye gouging**
- x. **Hair pulling**
- y. **Biting or spitting**
- z. **Judo techniques or wrestling submissions**

19. Minimum standards for fouls for Amateur Kickboxing (in addition to all minimum standard fouls for Professional Kickboxing) must include the following:

- Knee strikes to the head are prohibited
- Spinning back fists are prohibited

**a. Novice Amateur Division (two or less fights)**

- Head gear & shin guards are mandatory

20. Upon approval of application minimum 10 day notice to the New York State Athletic Commission is required in advance of contest, bout or exhibition.