

NYS DEPARTMENT OF STATE - DIVISION OF LICENSING SERVICES

ESTHETICS PRACTICAL EXAMINATION PROCEDURAL OVERVIEW

This is only a summary of the examination procedures. For more specific examination expectations, please refer to the online *Task List for Esthetics Practical Examination Procedures*.

The following is a description of the examination procedures you will be asked to perform.

You will be given instructions and an announcement of the time allotment for each section of this examination. Do not start any of the procedures until instructed to do so. Talking amongst candidates is not allowed.

You will be performing all procedures on a mannequin head which you will provide. For examination purposes, your mannequin may be considered the same client. Please be reminded that simulated products should be handled as if they were the actual product. For examination purposes, your subject (mannequin) may be considered the same client throughout the examination.

PLEASE NOTE: Proper sanitation and disinfection procedures must be demonstrated during every aspect of this examination in accordance with New York State appearance enhancement statute and regulations and NYS COVID-19 guidelines.

PART I - PREPARATION OF WORK AREA AND MODEL (15 minutes)

When instructed to begin, you will be asked to:

- Step 1 Remove the pre-mixed surface sanitizing solution and related supplies from your kit and sanitize the surface of your treatment chair/bed and worktable following required procedures. Be sure to attach a bag for disposables (trash) to your workstation at this time.
- Step 2 Set up your implements and supplies on the worktable in a safe and orderly manner so that you can best perform the remaining exam procedures. Your make-up supplies can remain in your kit until later in the examination.
- Step 3 Prepare the treatment chair/bed. Position your mannequin head on the treatment chair/bed and drape your mannequin; towels may be used elevate the mannequin head to a position of preference (table clamps may not be used).

PART II - REMOVAL OF SUPERFLUOUS HAIR (15 minutes)

After the examiner has checked your set-up, supplies, and draping, and when instructed to proceed, you will be asked to:

- Step 1 Demonstrate a soft wax hair removal procedure on the upper lip using two small waxing strips. This demonstration will require the use of honey (purchased from a grocery store) as a substitute for real wax. Honey is very similar in consistency to heated wax and can be easily removed with water.

The waxing demonstration should be carried out as if actual waxing is being performed and should include: preparing the skin for waxing; application of the simulated wax product as if it were warm wax; applying and removing waxing strips; and cleaning the skin of any remaining wax.
- Step 2 Use your tweezers to simulate the removal of a few stray eyebrow hairs. (Note: Your mannequin will not need eyebrows for this demonstration as only the motions of tweezing will be performed; actual tweezing will not be demonstrated.)

PART III - FACIAL (60 minutes)

When instructed to continue, you will be asked to:

- Step 1 Cleanse and tone the face and neck of your mannequin.
- Step 2 Analyze your client's (mannequin's) skin. The analysis will be a simulation and will include the use of a magnifying lamp provided at the exam site (or your own battery-operated magnifying lamp-optional).

STOP Your examiner will prompt you when to begin the massage.

- Step 3 Perform a light, surface facial massage using a minimum of four massage strokes including effleurage, petrissage, friction and tapotement (percussion) movements.

STOP Your examiner will instruct you when you may continue.

- Step 4 Simulate the manual extraction of comedones. (Note: Actual extraction is NOT allowed.)
- Step 5 Apply a treatment mask to your client (mannequin).
- Step 6 Remove the treatment mask.
- Step 7 Apply daytime protection.

PART IV - MAKE-UP APPLICATION (20 minutes) and **CLEAN-UP** (10 minutes)

When instructed to continue, you will be asked to:

- Step 1 Apply a complete daytime make-up on your mannequin which must include: foundation; corrective make-up (concealer) if desired; face powder; cheek color; at least two shades of eye shadow, one for highlighting or contouring; eyeliner; brow color; lip liner. and lip color. (Note: You will not be demonstrating a mascara application as you will not be required to apply eyelashes to your mannequin.)
- Step 2 Clean your work area and repack all supplies. Unless otherwise instructed, you may discard your disposables on the way out of the exam room.

→ FOR MORE DETAILED EXAM INFORMATION, PLEASE REFER TO THE ONLINE TASK LIST FOR EXAMINATION PROCEDURES.