

NAIL SPECIALTY TRAINEE LEARNING OBJECTIVES

SUBJECT 1 – Course Overview/Content 1 hour

1.1 Course Overview

- List school/course rules and regulations.

1.2 The Role of the Nail Specialist

- Describe the role of the nail specialist.

1.3 New York State Law, Rules, and Regulations

- Identify the Scope of Licensure.
- Discuss New York State Law, rules, and regulations.
- Discuss the Americans with Disabilities Act.

SUBJECT 2 – Workplace Safety and Health 5 hours

2.1 Local, State, and Federal Safety Codes

- Identify local, state, and federal safety codes.
- Discuss EPA product labeling.
- Identify the fire escape routes.
- Define the various classes of fire and the correct types of extinguishers.

2.2 General Salon Safety

- List health and safety rules, regulations and protocols.

2.3 Hazardous Materials Communications (HAZMAT)

- Recognize types of hazard classes, physical and health hazards on the job.
- Identify routes of entry and methods of control.
- Identify emergency precautions.
- Identify label provisions and symbolism.
- Become aware of the requirements of the Hazard Communication Standard, and any other local or state regulations or laws and what they require.
- Locate specific information concerning hazardous materials.
- Read and understand the hazard warnings found on container labels.
- Locate, read, and use a Safety Data Sheet.
- Provide and discuss OSHA's "Right to Know" Law.
- Identify, read, and describe the safety equipment used in specific instructional setting as outlined by OSHA.
- Describe the various personal protective equipment used in the nail specialty industry.

SUBJECT 3 - Infection Control 6 hours

3.1 Methods of Infection Control

- Identify the differences between sterilization, sanitation, and disinfection.
- Describe the various methods of sterilization, sanitation, and disinfection.
- Explain why infection control practices are necessary.
- List sanitary regulations pertaining to infection control.

3.2 Physical and Chemical Agents for Infection Control

- Identify physical methods of sanitation, disinfection and sterilization.
- Identify chemical methods of sanitation, disinfection and sterilization.
- List safety rules for physical and chemical methods of sanitation, disinfection and sterilization.

3.3 Bloodborne Pathogen Infection Control

- Discuss bloodborne pathogen infection control requirements.

SUBJECT 4 - Bacteria and Infectious Disorders and Diseases 6 hours

4.1 Types and Classification of Bacteria

- List the various types and classifications of bacteria.
- Describe how bacteria grow and reproduce.
- Explain the difference between bacteria and bacteriology.
- Identify and define the types of pathogenic and nonpathogenic bacteria.

4.2 Immunity and Body Defenses

- Describe the types of immunity.
- Explain how a human disease carrier transmits germs.

4.3 Viral Infections

- Identify the types and sources of viral infections including HIV and hepatitis.
- Give examples of common infections caused by viruses.
- Explain how the viruses are spread and what the symptoms are.
- Explain how it is possible to transfer viral infections including HIV infection and hepatitis in the salon.

4.4 Mold and Fungal Infections

- Identify the types and sources of mold and fungal infections.
- Define mold and fungus.
- Describe the appearance of nail mold at its various stages of development.

4.5 Disorders and Diseases of the Nails and Skin

- Define the term nail disorder.
- Identify the nail disorders that can be serviced by nail specialists and those that cannot.
- Define lesion.
- Describe the characteristics of eczema and psoriasis.
- Define melanoma.
- Define tinea of the hand and foot.

SUBJECT 5 – Anatomy & Physiology of the Nail, Hand, Arm, Foot & Leg 3 hours

5.1 Significance of Anatomy and Physiology to the Nail Specialist

- Explain how an understanding of anatomy and physiology will help nail specialists be better professionals.

5.2 Cell Metabolism and Structure

- Describe the purpose of cells within the human body.
- Describe cell metabolism and explain the difference between the two phases of metabolism.

5.3 Tissues and Organs

- Identify the different types of body tissue and explain the function of each type.
- Identify the most important organs of the body and explain the function of each organ.

5.4 Systems of the Body and Their Relationship

- Identify the body systems and their functions.

5.5 Histology of the Skin and Its Function

- Describe the characteristics of healthy skin.
- List the functions of the skin.
- Describe the epidermis and dermis.
- Explain how the skin is nourished.

5.6 Bones, Muscles, Nerves of the Hand, Arm, Leg and Foot

- Identify and describe the bones, muscles, and nerves of the hands, arms, legs and feet.
- List the ways in which muscles are stimulated.
- Identify the types of muscles that are affected by massage.

5.7 Nail Structure

- Identify the parts of the nail.

SUBJECT 6 - Client Consultation & Service Protocols 5 hours

6.1 Client Needs Assessment

- Explain the purpose of client consultation.
- Explain why knowing a client's lifestyle is helpful in making decisions about products and services.

6.2 Nail and Skin Analysis/Product Selection and Treatment Recommendations

- Describe the appearance of healthy nails.
- Analyze and classify nail and skin types and conditions.
- Explain how to maintain client data records.
- Discuss when physician referral is necessary.
- Discuss appropriate product selection.
- Identify/recommend appropriate treatments.