

NYS DEPARTMENT OF STATE - DIVISION OF LICENSING SERVICES

NAIL SPECIALTY PRACTICAL EXAMINATION SUPPLY LIST

***NYS Department of State, Division of Licensing Services, One Commerce Plaza,
PO Box 22001, Albany, NY 12201-2001***

It is recommended that you pack your supplies in sealable plastic bags, grouped and labeled for each respective procedure. These supplies should remain in your transport bag or plastic storage container until they are needed to perform each procedure and as you are instructed (for your comfort, we suggest that you consider a rolling travel system). All implements/equipment should be disinfected/cleaned prior to packing. Supplies intended for single use should be new/unused. **Products that are not required to be in original containers must be labeled in English and may also be labeled in another language of choice.** (Note: All sharp implements MUST be transported in a rigid container labeled 'clean'. Used implements MUST be removed in a rigid container labeled 'dirty'.)

IMPORTANT: If you arrive at the examination site after the specified starting time, you will not be admitted into the examination and will forfeit the examination fee.

******Please bring your own pen to sign into the examination******

Mandatory COVID-19 Precaution checklist for exam candidates

- Do not appear for an exam if you meet any of the below:
 - Have a temperature greater than or equal to 100.0 degrees Fahrenheit.
 - Have had known close contact with a person confirmed or suspected to have COVID-19 in the past 14 days.
 - Have traveled within a state with significant community spread of COVID-19 for longer than 24 hours within the past 14 days. For a list of states currently under New York's travel advisory requiring a 14-day quarantine upon return, please visit: <https://coronavirus.health.ny.gov/covid-19-travel-advisory>
 - Currently experiencing ANY of the following symptoms:
 - Cough (new or worsening);
 - Shortness of Breath (new or worsening);
 - Troubled Breathing (new or worsening);
 - Fever;
 - Chills;
 - Muscle Pain (new or worsening);
 - Headache (new or worsening);
 - Sore Throat (new or worsening); or
 - New Loss of Taste New Loss of Smell
 - Have tested positive for COVID-19 through a diagnostic test in the past 14 days.
- If you must reschedule your exam due to illness, email exams@dos.ny.gov to reschedule.
- Mannequins have replaced live models for this exam. Do not bring anyone with you to the exam site.
- Wear a face covering or mask to your exam. Face coverings are mandatory at exam sites.
- In addition to wearing a face covering or mask, you must wear eye goggles or a face shield while performing examination procedures.
- Maintain 6 feet from others when possible at an exam site.
- Be prepared to sanitize your hands before and after your exam. Hand sanitizer is provided by the exam site; you must bring your own hand sanitizer to use during the examination.
- Bring a sanitized pen with you to your exam.

Professional Appearance & Client (Model) Preparation

PROFESSIONAL APPEARANCE:

- Clean outer garment (smock or gown) to be worn over shirt or outfit (note: no aprons) (hair accessory to pull back hair if necessary)
- Clean face covering or mask that completely covers the nose and mouth (*must be worn at all times while at the exam site*)
- Face shield or safety goggles (must be worn throughout the entire examination in addition to face covering)
- Disposable gloves (optional)

Suggestion: Avoid bringing or wearing items that associate you with a particular school, salon or any other affiliation.

Reminder: For safety reasons, you are required to wear closed-toe shoes that cover the top of the foot.

CLIENT (MANNEQUIN) REQUIREMENTS/PREPARATION: *No Live Models Allowed****

- Hand Mannequin – flexible, soft plastic is recommended (able to have false tips applied) (Note: 3 nail tips with a free edge not to exceed 1/8 inch must be applied before the exam)

Preparation of Work Area

- EPA-approved sanitizer solution in original, labeled packaging (liquid, spray, wipes, etc.)
- PST or disposable paper towels (at least 10-12)
- Table towel – required
- Sealable (zip-lock type) Plastic bag(s) labeled 'disposables' for disposables/trash
- Tape to secure trash bag to work area
- Spray-on implement sanitizer (or alcohol wipes) in original packaging (for exam purposes: to be used in case of implement contamination)
- Spatulas (for removing product from containers as necessary) – (optional)*
- Battery-operated clip-on light (optional)* - *Caution: May affect curing of the acrylic product.*

General Supplies & First Aid Kit:

- Hand sanitizer (in original bottle/dispenser or packet)
- Protective gloves (2-3 pairs)
- Plastic, rigid (hard) container (large enough to accommodate potentially contaminated implements)
- Sealable (zip-lock type) plastic bags (2-3) labeled 'blood contamination' (in case of blood spill)
- Adhesive bandages (2-3) - in sealable (zip-lock type) plastic bag labeled 'First Aid' (may be placed inside of rigid container)
- Cotton balls (2-3) and/or small piece of gauze (2-3)

If you do not choose to transport clean implements solely in sealable plastic bags, you will also need:

- Covered container labeled 'clean' for transporting implements

If you do not wish to place all your used implements in your disposables bag, you will also need:

- Covered container labeled 'dirty' for transporting used implements from exam

Basic Manicure and Preparation for Further Procedures

- Hand sanitizer containing 60% or more alcohol (in original bottle/dispenser or packet) – to be used throughout exam
- Bottle of water (pre-filled), clearly labeled (we recommend that you also bring an extra water bottle as we cannot guarantee water availability)
- Liquid hand soap (optional)*
- Fingerbowl (no substitute container allowed)
- Synthetic manicure nail brush (optional)*
- Clean towel (to dry hand)
- Cuticle softener
- Orangewood sticks (approximately 2-5) and cotton and/or cuticle pusher
- Spatula (optional)*
- Hand cream or oil (for massage)
- Lint-free nail wipes
- Three-way buffer and/or buffer block
- Files/abrasives (medium and fine) – for shaping nails and removing shine
- Nail antiseptic spray in original, labeled packaging (Note: MUST be safe for use on skin)

Tip Application and Shaping

IMPORTANT: *You MUST bring tips as specified to receive credit for this section of the exam.*

- Nail tips (minimum of 6) – [Nail tips MUST cover *at least but not more than* one half of the nail plate.] (Note: A free edge not to exceed 1/8" is recommended to ensure best results)
- Nail adhesive(s) [no brush-on allowed]
- Orangewood stick (to spread adhesive or remove excess adhesive) (optional)*
- Nail tip clippers and/or tip cutters
- Lint-free nail wipes
- Files/abrasives (coarse, medium, and fine)
- Nail antiseptic spray in original, labeled packaging (Note: MUST be safe for use on skin)

Wrap Application

- Fabric Scissors
 - Fiberglass wrap (six-inch strip) – Note: Do NOT pre-cut to nail size prior to exam
 - Resin/adhesive and spray activator/accelerator system for fiberglass
- NOTE: Activator/accelerator (spray) – MUST be of same system as resin/adhesive used; NO brush-on or aerosol allowed
- Non-adhesive or adhesive silk (six-inch strip) – Note: Do NOT pre-cut to nail size prior to exam
 - Adhesive (for silk wrap)
 - Plastic sheet for pressing fabric to nail (optional)*
 - Tweezers and/or cellophane (for placing fabrics on nails) (optional)*
 - Lint-free nail wipes
 - Files/abrasives (medium and fine)
 - Three-way buffer and/or buffer block
 - Oil (to produce shine)
 - Nail antiseptic spray in original, labeled packaging (Note: MUST be safe for use on skin)

Acrylic Application [Odorless System Required]

NOTE: Your acrylic liquid monomer **MUST** be odorless, in the original bottle (new/unused), and the manufacturer's seal must be intact (not broken or unsealed). The liquid monomer product ingredients **MUST** be labeled on the bottle. If you do **NOT** bring the liquid monomer as required, you will **NOT** be allowed to take your scheduled examination.

- Acrylic primer *in original, labeled container (only needed if required by system)*
- Acrylic powder (Color of choice: clear/pink/natural)
- Acrylic monomer – **MUST** be **odorless** product/system in the original container (new/unused) with the manufacturer's seal intact/unbroken (Note: Product ingredients **MUST** be labeled on the bottle.) - **You will NOT be allowed to take this examination if you do not provide this item as specified. ONLY an odorless acrylic system may be used; low odor products are NOT acceptable.**
- Eyedropper (2) – one for monomer and one for oil
- Two (2) dappen dishes with covers - for odorless acrylic liquid and powder (Note: In lieu of covers, wipes or paper towels may be used to cover dishes when not in use.)
- Two nail forms (reusable or disposable)
- Acrylic nail brush
- Lint-free nail wipes
- Files/abrasives (coarse and medium)
- Three-way buffer and/or buffer block
- Oil (to produce shine)
- Nail antiseptic spray in original, labeled packaging (Note: **MUST** be safe for use on skin)

IMPORTANT: Effective November 1, 2001, the use of MMA or any products containing MMA is strictly prohibited for use in nail services in New York State and will NOT be allowed for use at this examination.

Polish Application and Clean-Up

- Red crème polish
- Base coat and top coat (Note: May be the same product only if all-in-one) **NO** ridge filler allowed
- Orangewood stick (for removing polish from skin or cuticle) – *(Other acceptable options may include: cotton-tipped orangewood stick, cotton swabs, or any appropriate disposable. The use of fingers is not allowed for removing polish from skin or cuticle.)*
- Cotton (enclosed in sealable plastic bag) or lint-free wipes (optional)*
- Polish remover in original, labeled container
- Covered dappen dish for holding polish remover (optional)*