

NEW YORK STATE DEPARTMENT OF STATE  
DIVISION OF LICENSING SERVICES

Nail Specialty

SCOPE OF CURRICULUM	
Orientation	4 Hours
1. Safety and Health	8 Hours
2. Anatomy and Physiology of the Nail, Hand, Arm, Foot and Leg	10 Hours
3. Bacteria and Infectious Diseases; Nail, Foot, Skin Disorders and Diseases	10 Hours
4. Methods of Infection Control	10 Hours
5. Client Consultation	4 Hours
6. Manicuring and Hand/Arm Massage	20 Hours
7. Pedicuring	15 Hours
8. Tip Application and Design	12 Hours
9. Nail Wraps	25 Hours
10. Liquid and Powder Nail Extensions	50 Hours
11. Gel Nails	20 Hours
12. Nail Art	4 Hours
13. Retailing Techniques	6 Hours
14. Business Practices	8 Hours
15. Job Skills	6 Hours
17. Unassigned Hours	38 Hours
<b>Total hours</b>	<b>250 Hours</b>

## **ORIENTATION—4 HOURS**

- School Rules and Regulations
- Qualities of the Professional Nail Specialist
- Code of Ethics
- Familiarization of School Facilities and Supplies

### **Subject 1**

## **SAFETY AND HEALTH—8 HOURS**

- Local, State, Federal Safety Codes
- Salon/Clinic Rules and Regulations
- General Salon/Clinic Safety
- First Aid
- Hazardous Materials Communications (HAZMAT)

### **Subject 2**

## **ANATOMY AND PHYSIOLOGY OF THE NAIL, HAND, ARM, FOOT AND LEG—10 HOURS**

- Cell Metabolism and Structure
- Tissues and Organs
- Systems of the Body and Their Relationship
- Histology of the Skin and Its Function
- Bones, Muscles, Nerves of the Hand, Arm, Leg and Foot
- Nail Structure

### **Subject 3**

## **BACTERIA AND INFECTIOUS DISEASES; NAIL, FOOT, SKIN DISORDERS AND DISEASES—10 HOURS**

- Bacterial Infections
- Immunity
- AIDS Awareness
- Hepatitis
- Viruses
- Mold and Fungus
- Disorders of the Nails and Skin
- Foot Disease

### **Subject 4**

## **METHODS OF INFECTION CONTROL—10 HOURS**

- Chemical Methods of Sanitation
- Physical Methods of Sanitation
- Sanitary Rules and Regulations
- Bloodborne Pathogen Infection Control

### **Subject 5**

#### **CLIENT CONSULTATION—4 HOURS**

- Client Lifestyle Profile
- Diagnosis of Skin Type and Nail Plate Type and Shape
- Nail Services
- Nail Service and Product Usage

### **Subject 6**

#### **MANICURING AND HAND/ARM MASSAGE—20 HOURS**

- Basic Manicure
- Men's Manicure
- Conditioning Manicures
- Nail Shape and Color Analysis
- Types of Massage
- Massage of the Hand/Arm

### **Subject 7**

#### **PEDICURING—15 HOURS**

- Pedicuring Procedures
- Procedure for Paraffin Treatment
- Massage and Manipulation
- Massage of the Foot/Leg

### **Subject 8**

#### **TIP APPLICATION AND DESIGN—12 HOURS**

- Technology of Nail Tips
- Tip Adhesives
- Tip Fitting and Design
- Procedure for Tip Application
- Nail Tipping on Problem Nails
- Tip Removal

### **Subject 9**

#### **NAIL WRAPS—25 HOURS**

- Silk, Fiberglass, and Linen Procedures
- Surface Wrapping Natural Nail and Mending
- Tip Overlay Wrapping
- Liquid Nail Wrap
- Maintenance

### **Subject 10**

#### **LIQUID AND POWDER NAIL EXTENSIONS—50 HOURS**

- Application Procedures for:
  - Tip and Overlay
  - Natural Nail
  - Sculptured Nail
  - Mending and Repair
- Re-Balance and Repairs
- Problem Nails
- Chemical Reactions to Liquid and Powder

### **Subject 11**

#### **GEL NAILS—20 HOURS**

- Gel Procedure
  - Natural Nails
  - Tip and Overlay
  - Sculptured Gel Nails
- Repair and Maintenance

### **Subject 12**

#### **NAIL ART—4 HOURS**

- Nail Art Procedures

### **Subject 13**

#### **RETAILING TECHNIQUES—6 HOURS**

- Sales Ethics
- Advertising Campaign
- Design a Retail Center for Nail Care Products
- Selling Techniques

### **Subject 14**

#### **BUSINESS PRACTICES—8 HOURS**

- Business Operation
- Site Planning and Design
- Accounting and Inventory
- Payroll Regulations

### **Subject 15**

#### **JOB SKILLS—6 HOURS**

- Basic Job Skills